# San Juan County, NM ALCOHOL & CONSEQUENCES

#### Alcohol-related Death Rates Increased

in San Juan County (2015-2021)



199 Deaths In 2021, there were 199 alcohol-related deaths in San Juan County.

#### Alcohol-related Death Rates

(Rates per 100,000, 2021)



12%

of all deaths in San Juan County are alcoholrelated Binge drinking correlates with alcohol-related injury and death. Like many areas of the country, we saw an increase in binge drinking during the COVID pandemic. In 2022, self-report of binge drinking was more similar to rates in 2020.

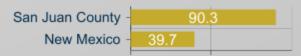


Law Enforcement is part of the solution. The rate of DWI arrests in San Juan County is twice that of New Mexico's rate. Through DWI enforcement and a visible presence in the community, the perception of risk of arrest for DWI is increased, which reduces the likelihood that people will drive while intoxicated.

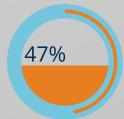
1,098
DWI Arrests
in 2021

#### Rate of DWI Arrests

(Rate per 10,000 population, 2021)



Of the 19 traffic fatalities in 2022, 9 (47%) were alcohol-involved.



The number of fatalities in 2020 and 2022 were significantly lower than in previous years.



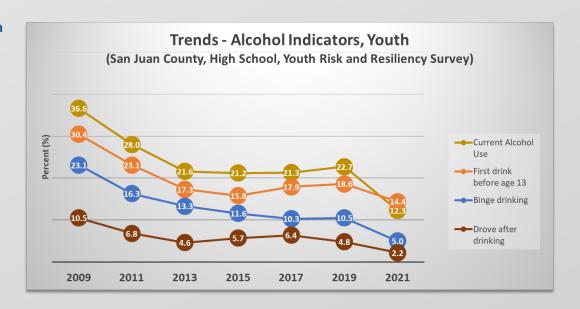
<u>Sources</u>: Alcohol-related death data from the New Mexico Dept. of Health and CDC. Adult survey data are from the New Mexico Community Survey (NMCS). Youth survey data are from the Youth Risk and Resiliency Survey (YRRS). Traffic data are from the NM Dept. of Transportation, Traffic Safety.

# UNDERAGE DRINKING

Early Initiation of alcohol use is an important predictor of alcohol addiction later in life.

### First Drink Before Age 13





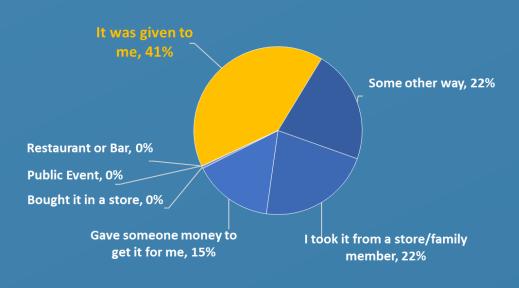
## **Access to Alcohol**

Community survey data suggest that although most respondents believe it is easy for youth to obtain alcohol, it is getting less easy. There has also been a significant decrease in the percent of youth who report they obtained alcohol though social sources.

# **Access to Alcohol by Teens** 2022 2019 Social Access to Alcohol Way obtained was "Given to me" YRRS, 2017 & 2021 2017 2021

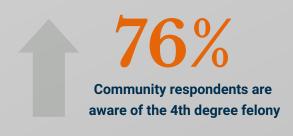
## **How Youth Obtained Alcohol**

San Juan County, NM (YRRS, 2021)



#### **PREVENTION WORKS!**

San Juan County Partnership has utilized a variety of media to publicize that it is a 4th Degree Felony to provide alcohol to a minor other than one's own child. Community awareness increased from 74% in 2019 to 76% in 2022, and there has been a significant decrease in the percent of respondents who report they provided alcohol to a minor.



For more data, visit sanjuancountydata.org

