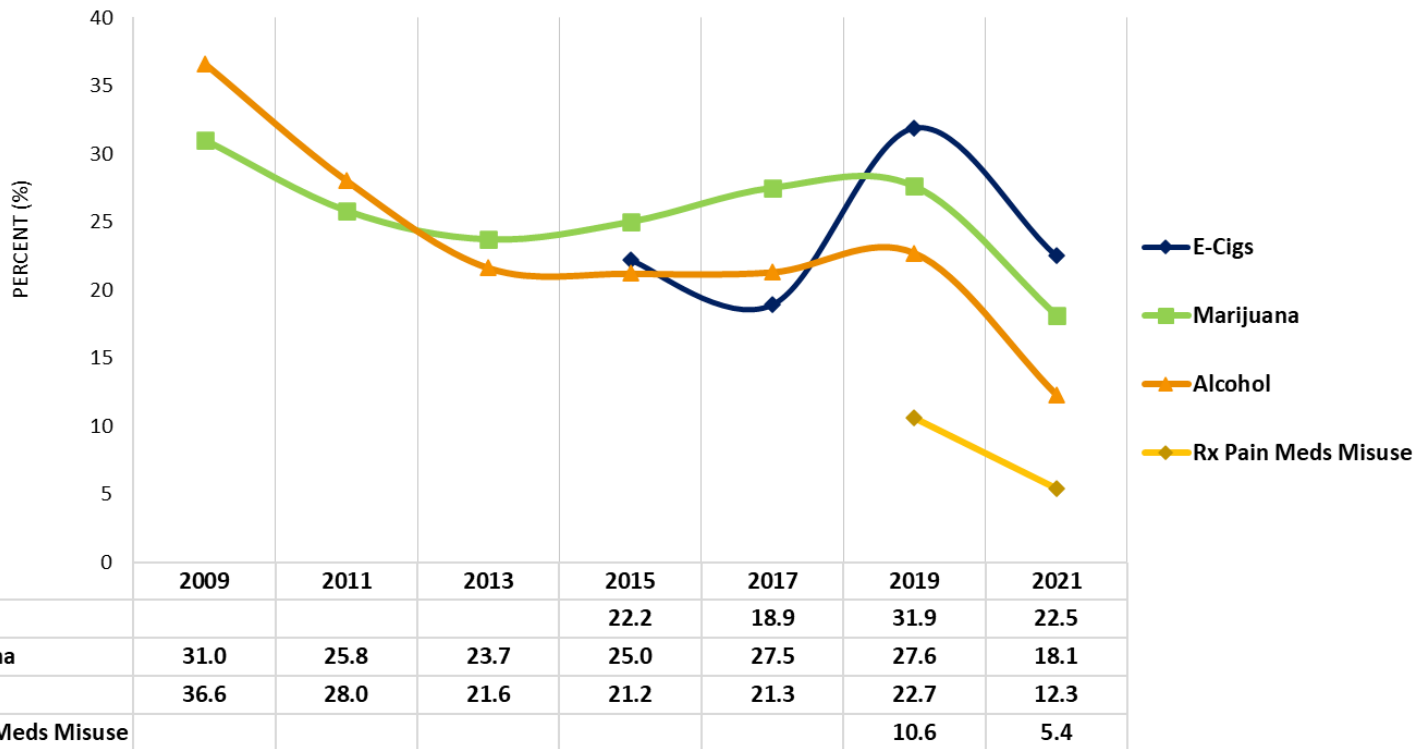


San Juan County High School Youth: Past 30-day Substance Use Youth Risk & Resiliency Survey (YRRS, 2009-2021)



What's New from the 2021 YRRS?

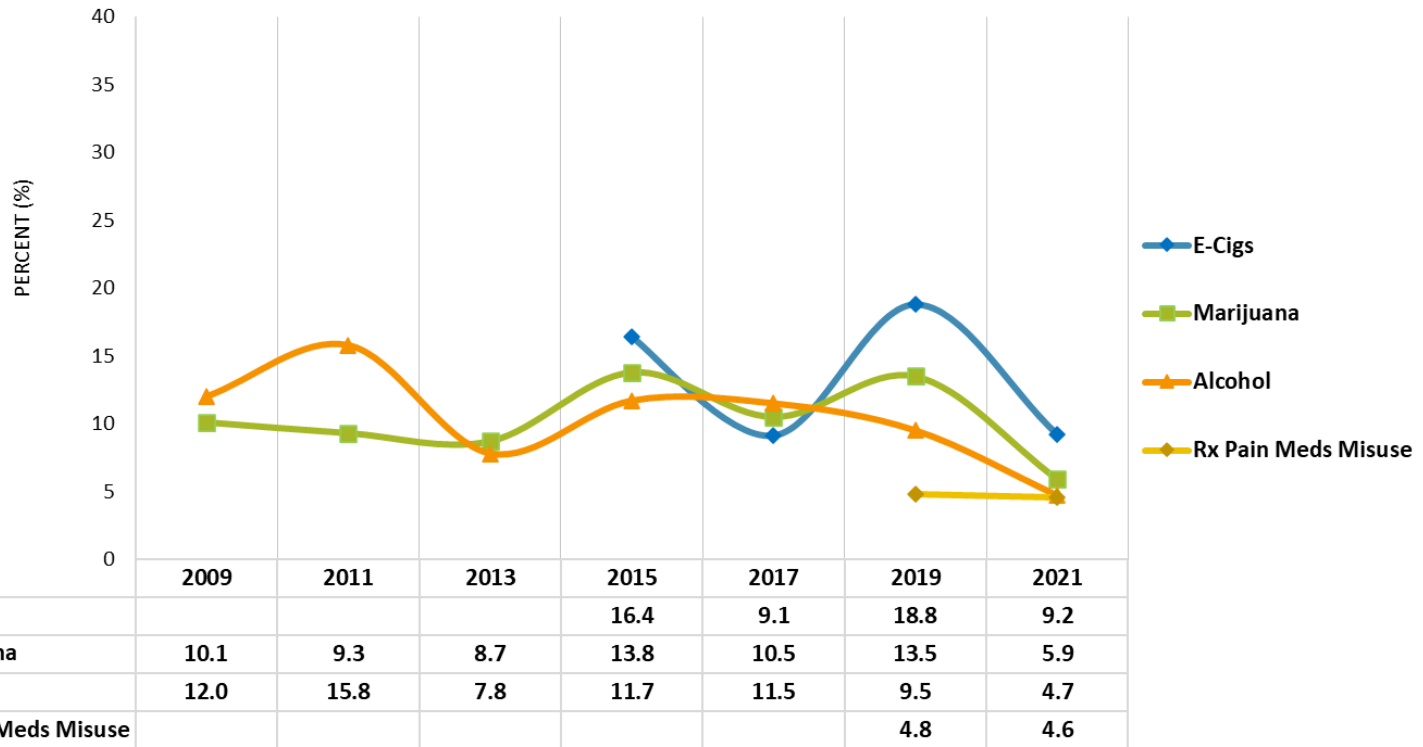
Self-report of substance use among youth decreased dramatically from 2019 to 2021 after having reached a plateau for many years. These changes may reflect the timing of the survey toward the end of the pandemic, possibly with fewer "at-risk" students being in school at the time. Changes may also reflect temporary changes due to less access to substances during the pandemic; or they may reflect permanent changes in youth use of substances. The next YRRS is scheduled to be administered in the Fall of 2023, which will shed light on these trends.

The current 2021 San Juan County-specific report can be found at youthrisk.org.

The Youth Risk and Resiliency Survey (YRRS) is administered by the NM Department of Health and Public Education Department in high schools and middle schools across the state, in the fall of odd-numbered years. The YRRS is New Mexico's version of the CDC's YRBS or Youth Risk Behavior Survey, and includes additional questions about resilience.

Visit sanjuancountydata.org for additional data and visit San Juan County Partnership's website for information about prevention and other community wellness programs, SJCPartnership.org.

San Juan County Middle School Youth: Past 30-day Substance Use Youth Risk & Resiliency Survey (YRRS, 2009-2021)



Key Findings

- Nearly one-fourth of high school students and approximately 1 out of 10 middle school students reported having used e-cigarettes, or electronic vaping products, in the past month. E-cig use had reached a peak in 2019.
- The use of cannabis by youth has been relatively unchanged prior to 2021, and then showed a significant decrease on the 2021 survey
- Over the years of the survey, alcohol use by youth has declined significantly. In 2009, over one-third (36.6%) of high school students reported past month alcohol use, and in 2021, 12.3% of youth who took the survey reported alcohol use.
- As with other substances, the percentage of high school youth who reported misuse of prescription pain medication decreased by half. Self-report by middle school students on this indicator was unchanged.

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