

# San Juan County, NM DRUG OVERDOSE

## Drug Overdose Death Rates Have Increased

San Juan County (2015 - 2021)

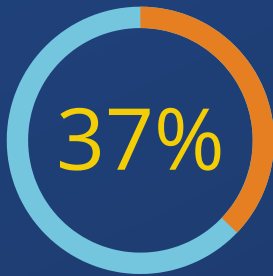
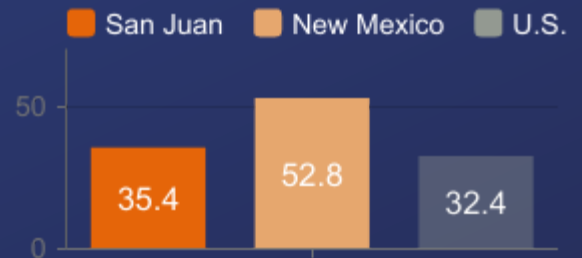


**39**  
Deaths

In 2021, there were 39 overdose deaths in San Juan County.

## Drug Overdose Rates

(Per 100,000 population)



Over one third of overdose deaths involved Rx Opioid Pain Medication

## MISUSE OF PRESCRIPTION PAIN MEDICATION

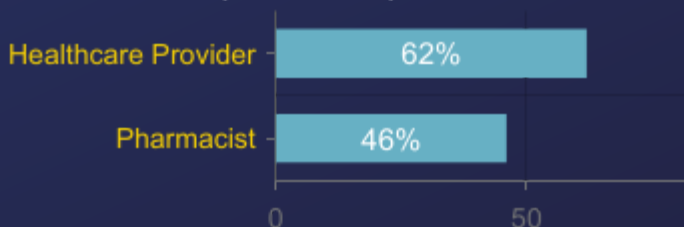
Taking a painkiller without a prescription or taking it for reasons other than prescribed put a person at greater risk of overdose or addiction



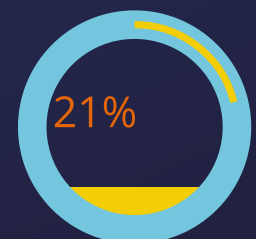
In San Juan County, 3% of adults and 5% of high school youth reported past 30-day use of prescription pain medication for non-medical or reasons other than prescribed.

Pharmacists and Healthcare Providers are part of the solution by helping to distribute Narcan (a reversal drug for opioid overdose) and talking to patients about the risks associated with Opioid Pain Medication.

Where respondents received information about Risks of Rx Pain Medication (NMCS, 2022)



Respondents who reported they received Narcan along with Painkiller Prescription (NMCS, 2022)



Sources: Drug overdose data from the New Mexico Dept. of Health and CDC. Adult survey data are from the New Mexico Community Survey (NMCS). Youth survey data from the Youth Risk and Resiliency Survey (YRRS).



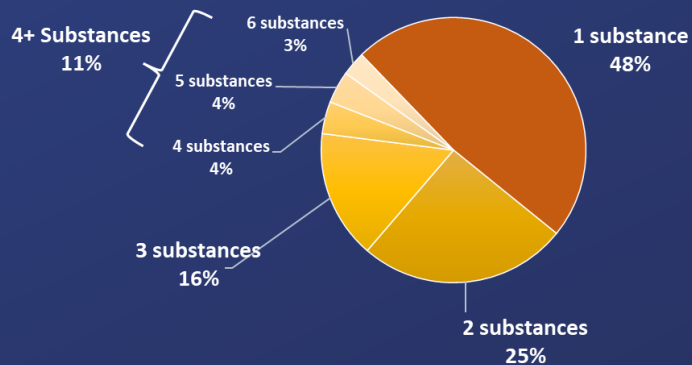
# POLYSUBSTANCE USE & OVERDOSE

**Polysubstance use** (the concurrent use of more than one substance) puts a person at much higher risk of overdose.

# 3.5%

of respondents (5% of males and 2.2% of females) reported using multiple substances on a single occasion in the past month (NMCS, 2021)

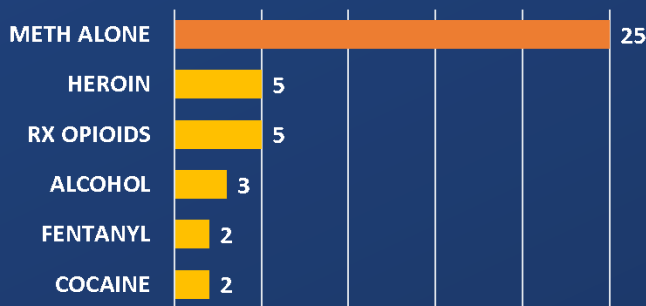
**Number of Substances Involved in Overdose Deaths**  
Over half of the overdose deaths in San Juan County were polysubstance



## SUBSTANCES INVOLVED IN OVERDOSE

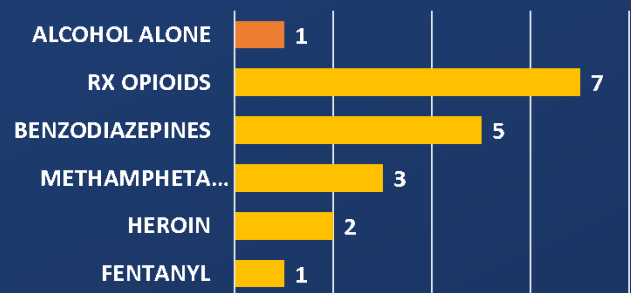
Methamphetamine and Rx Opioids are the most common substances involved in overdose. The most common combinations included Rx Opioids taken with Benzodiazepines and Rx Opioids in combination with Alcohol. Over 90% of the alcohol poisoning deaths involved at least one other substance.

**Substances in Meth-involved Drug Overdose Deaths, 2015-2019 (n=39)**



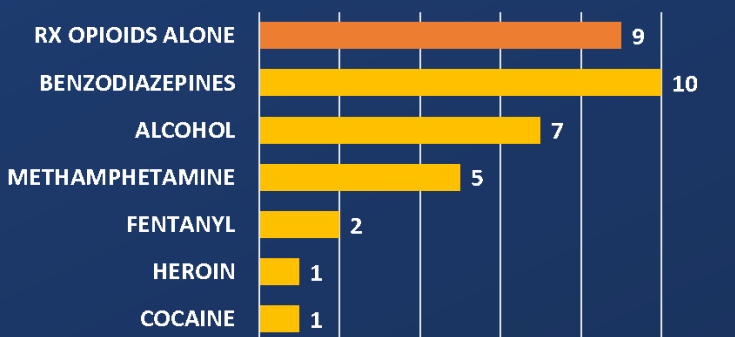
Note: 14 of the 39 meth overdose deaths (36%) involved multiple substances; 5 of the 39 (13%) involved 3 or more

**Substances in Alcohol-involved Drug Overdose Death, 2015-2019 (n=19)**



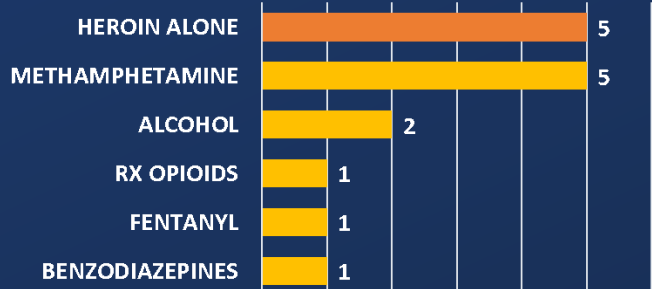
Note: 18 of the 19 alcohol overdose deaths (95%) involved multiple substances; 10 of the 19 (53%) involved 3 or more

**Substances in Prescription Opioid-involved Overdose Death, 2015-2019 (n=38)**



Note: 29 of the 38 Rx opioid overdose deaths (76%) involved multiple substances; 15 of the 38 (39.5%) involved 3 or more substances

**Substances in Heroin-involved Drug Overdose Deaths, 2015-2019 (n=12)**



Note: 7 of the 12 heroin overdose deaths (58%) involved multiple substances; 3 of the 12 (25%) involved 3 or more substances.

San Juan County Partnership is one of six counties in New Mexico awarded funds to address polysubstance use and overdose related to multiple substance use. For more information, visit [sjcpartnership.org](http://sjcpartnership.org).

